

Family Support Volunteer

PACT

PACT is a project set up by Citizens UK to empower parents and improve the health and development outcomes for young children in Southwark. During this period of isolation due to COVID-19, we will be maintaining digital contact with the PACT community. This will take place over multiple platforms including social media, messages and calls.

Staff contact details

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Volunteer Role

We need volunteers to support our face-to-face groups where children can play and parents can build a network of support and share the ups and downs of parenthood.

Volunteers play an integral role in caring for children and supporting isolated parents within these weekly groups.

Purpose

The aim of this volunteer role is to support the running of our face-to-face groups, provide practical support for staff and create fun and enjoyable experiences for the families attending.

We are looking for volunteers who are willing to put in the time to build relationships with mums and children in our community. Volunteers play an integral role in supporting the wellbeing of our community and creating a strong and supportive community.

Main Activity

- Join a PACT group 30 Minutes early to set up the space with toys and activities.
- Welcome parents and children joining the group, ensure that they are signed in, have filled in any necessary paper work and have washed their hands.
- Chat to parents and play with the children throughout the hour long group.
- Share stories and lead on group activities. Encourage and support parents to lead activities when they are ready
- If parents have any questions about support and services, connect them with the group organiser who can offer support
- Clean toys and equipment used during the session and tidy up and disinfect toys and equipment used